“Getting Started” User Guide

Have a question about Acland’s Video Atlas of Human Anatomy?

Please email our tech support team at techsupp@lww.com

or call 1-800-4681128 (U.S. only) or 1-301-223-2344 (global customers)

Hours of operation:

Sunday, 4 PM to 12 AM EST

Monday - Thursday, 8 AM to 12 AM EST
Introduction

Guide Objectives

This guide will help you:

- **Get started with Acland’s Video Atlas of Human Anatomy**
  - System requirements
  - Obtain access
  - Sign in

- **Understand the features of Acland’s Video Atlas of Human Anatomy**
  - Features
  - Navigating videos
  - Searching for videos
  - Glossary
  - Exams
  - About

System Requirements

**Acland’s Video Atlas of Human Anatomy** is Lippincott’s online platform for the delivery of more than 300 narrated videos of real cadaver specimens. Your subscription gives you anytime, anywhere access from your computer, smartphone, or tablet device.

To view the videos, users should have one of the following browsers installed:

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<tr>
<th>Browser</th>
<th>Windows PC</th>
<th>Mac</th>
<th>Android and iOS devices</th>
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<tbody>
<tr>
<td></td>
<td>Internet Explorer 9</td>
<td>Safari (latest edition)</td>
<td>Latest version of native browser</td>
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<td>(IE 10 coming soon)</td>
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<td>Firefox (latest edition)</td>
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<td>Chrome (latest edition)</td>
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**IMPORTANT:** AclandAnatomy.com is mobile optimized. Apple iOS or Android devices are not required to have Flash Player installed; the videos will be served to your device in a non-Flash format.
Quick Start

Getting started is as easy as receiving access and signing in. You can immediately sign in and start using Acland’s Video Atlas of Human Anatomy:

- Institutionally via IP authentication or referring URL, or
- Individually via online purchase or via a received/purchased access code.

Obtaining Access

Try it for yourself!

- You can register as an individual user for exclusive preview access to all the videos and complete functionality for 48 hours by visiting http://aclandanatomy.com/. After completing a brief online form, simply enter your user name and password to begin or retrieve your access to Acland’s Video Atlas of Human Anatomy during the trial period.

- Faculty, librarians, and institutional administrators: please contact your local sales representative directly or complete the online Institutional Request Form to receive 30-day faculty or administrator access to sample videos and functionality.

You can subscribe!

- You will receive full access to all of the narrated videos to which your institution subscribes.

- Faculty, librarians, and institutional administrators: Contact your local sales representative directly to discuss subscription options and pricing for your institution, hospital, or organization. Or, complete the online Institutional Request Form to receive to submit a request for pricing.

- Individual-user subscriptions are also available and allow you to tailor your needs to the content offerings. Visit https://store.aclandanatomy.com/ for more information on options and pricing.
Signing In

QUICK TIP: Forgot your password? Click Forgot your password? at the bottom of the sign-in box and follow the prompts. Your password will be emailed to you. To change your password, sign in and click My Account at the top right of the page.

Forgot your username? Your email address serves as your username for the site.

➢ Once you have access to Acland’s Video Atlas of Human Anatomy, go to http://aclandanatomy.com/

➢ On the welcome page, you will find the Sign In section. Enter your email and password, and click Sign In.

➢ The Acland’s Video Atlas of Human Anatomy home page appears, and the volume(s) you have access to are displayed along with any exams you have started with associated scores and progress.

➢ To switch the language of a video and the website, click on the globe icon at the top of the site and select the language from the dropdown option.
Features

Navigating Videos

- You can navigate the videos by volume; each volume is further divided by region for ease of selection and reference in syllabi/lectures.

- Each video is listed below its corresponding region, along with video number, title, and length.

- Click on the video link you wish to view. Individual video links may be added to notes, syllabi, and lectures by including the URL hyperlink. A list of URLs for each video is available at the bottom of the About page here.

QUICK TIP: Want to share a video? Click EMAIL in the right hand corner of the video window and follow the prompts to share a video with peers, colleagues, or students.
An expanded table of contents for each video is listed in the panel on the left side of the video window, allowing you to **Jump To** specific parts of the video. You can also slide forward or backward on the video seek bar.

Below the video window, the video player allows you to:
- **Start and stop** each video by clicking the **Play** or **Pause** button.
- **Adjust the video speed** from to 1.5x or 2x.
- Expand the video to **full-screen**.
- Adjust the **volume** of the audio narration.

View the previous video or next video by clicking on the corresponding blue buttons on the bottom right below the video window.

View a PDF transcript of the narrative for each video by clicking the **Transcript** link in the right-hand corner of the video display box.

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1.1.12 Veins of the shoulder region

(3:09)

Let's start by looking at the veins. We can be quite brief about this since the veins parallel the arteries in most important respects. It'll be helpful to start on the outside and progress inward, removing some muscles as we go along.

Here, in the groove between pectoralis major and deltoid, is the cephalic vein, coming up from the arm. It's a vein that doesn't have an accompanying artery. To see where it's going, we'll remove pectoralis major.

Here's the cephalic vein. Together with other veins from the shoulder region, it joins the main vein of the upper extremity, the subclavian vein. We'll focus our attention on this important vein. The subclavian vein comes up from the arm and passes beneath pectoralis minor. Emerging from beneath pectoralis minor, it passes over the outer surface of the first rib (here's the first rib) and under the subclavius muscle and the clavicle. To follow the subclavian vein further, we'll remove the clavicle, the subclavius muscle, and this muscle, the sternocleidomastoid.
Key terms related to each video are listed on the bottom left side of the video window under **See Also**.

After clicking on a key term, a list of related videos populates.
A brief, integrated **video review** appears at the end of each region that allows you to quickly review what you learned. Each video recaps important structures and objectives for test preparation and knowledge reinforcement.

**Searching Videos**

- **Keyword search:** Type a key term in the upper right hand corner search box and click search. Search results will automatically populate.
A-Z Index

- **A-Z index**: Click on **A-Z Index** on the tool bar menu and an alphabetical index is displayed. Click on a term in the index and specific video results are presented.

Glossary

- Click **Glossary** on the tool bar menu and an alphabetical list of anatomical terms populates, along with the origin and translation.
Exams

- Click **Exams** on the tool bar menu to test yourself on any volume to which you have a subscription; in this example, all 5 volumes are shown. Then, click on the Start button.

- There are options for self-testing:
  - **Time Me**: Select this option to be timed (60 seconds per question) to mimic an exam experience.
  - **Target questions I got wrong**: Click on this option to receive questions you answered incorrectly in previous exams
  - **Review**: Chose to see the answers and receive video links for review immediately after answering each question (Review Mode) or to check your answers at the end of the exam (Exam Mode) within an itemized list.
**Review Mode:** Upon answering the question, the correct answer is displayed, along with a link to a supporting video for further review.

**Timed Mode:** You have 60 seconds to answer each question. The time is displayed and counts down at the top right. Once the 60 seconds has expired, the clock will turn red.
If you want to save and exit your exam, click **Save Exam & Resume Later** in the upper right corner of the test window. You may access your **Exam History** and **Resume** exams on each Volume’s Exam screen.

Upon completion of the exam, your score is displayed with an itemized list of questions answered correctly and incorrectly along with **Recommended Viewing** in the right-hand column of the window. These suggested videos help improve exam performance and target your review of those topics that require additional study.

The color bar along the top indicates visually correct (blue) and incorrect (red) answers. You can filter the data to focus your review.
About

- Click About on the tool bar menu to learn about the origins of the video atlas project, how it came together, who benefits from this three-dimensional learning experience, and the features that make it unique.

- Click a volume to learn about the content covered in each volume.

- A list of URLs for each video is available at the bottom of the About page here.